

# Praying **WITH** God and Family

This prayer method is like the ACTS Method, but it is tailormade for praying WITH your family. Teaching your children to pray is one of the greatest privileges we have as parents, and it is one of the easiest ways for us to disciple of our kids to follow Jesus. Remember, prayer is simply talking to God. When you teach your children to pray, it cultivates the beginning stages of them building a relationship with God that will only grow. Kids have short attention spans, so keep it short and simple for them to understand and remain engaged. Whether prayer lasts 30 seconds or 5 minutes, the Holy Spirit through you is shaping your kid's hearts for God. Take time in the morning or at bedtime to pray with your kids, and let them hear you pray!

## WOW

Teach your kids to daily praise God for who He is as our perfect Father and for His awesome works.

*Ex. God, you are awesome! I love you!*

## I'M SORRY

Teach your kids to confess sin and ask forgiveness, while teaching them to ask the Lord to help them grow from that sin.

*Ex. God, I am sorry that I ate a cookie when Mommy told me not to. Please forgive me for not listening to Mommy. Help me to listen to Mommy because it shows her love and honors You.*

## THANK YOU

Teach your kids to have an attitude of gratitude. As a family, spend time thanking God for all He has done and given you that particular day and every day. Saying "thank you" to God reminds your kids of God's goodness to them.

*Ex. Thank you God for Mommy and Daddy. Thank you for the dinner you gave us tonight. Thank you for giving me a good day at school. Thank you for sending Jesus for me.*

## HELP

Teach your kids that they can go to God with anything. Teach them to pray according to God's will and purposes for what they want or need.

Ex. *God, help me try harder in school. God, please heal Grandma from being sick. God, help me to fall more in love with you. God, help me to love that bully at school.*